

Where Are You Going?

Are you comfortable with where you are going? Take the test below and discover where you are, and where you would like to be in the future. Get together with one other person and answer the questions below. If time permits, answer the questions under GOING DEEPER.

1. I put the most effort into doing a good job when *(check two)*:

- | | |
|--|--|
| <input type="checkbox"/> I get near my goal | <input type="checkbox"/> others are watching me |
| <input type="checkbox"/> I am challenged | <input type="checkbox"/> everything is new |
| <input type="checkbox"/> there is a lot of commotion | <input type="checkbox"/> someone needs my help |
| <input type="checkbox"/> the pressure is intense | <input type="checkbox"/> everything is great at home |
| <input type="checkbox"/> there is no one else to do it | <input type="checkbox"/> no one thinks I can do it |
| <input type="checkbox"/> everyone thinks I can do it | <input type="checkbox"/> the pay is right |

2. When I lose out on something I want, I usually *(check two)*:

- | | |
|---|--|
| <input type="checkbox"/> get down on myself | <input type="checkbox"/> blame somebody else |
| <input type="checkbox"/> hide from people | <input type="checkbox"/> throw a tantrum |
| <input type="checkbox"/> stay calm and cool | <input type="checkbox"/> shake it off easily |
| <input type="checkbox"/> cry and get over it | <input type="checkbox"/> am terribly angry |
| <input type="checkbox"/> take it out on someone at home | <input type="checkbox"/> am deeply hurt |



GOING DEEPER

1. Since being in this group, I feel that I have made real progress in *(rank top three)*:

- | | |
|--|----------------------------------|
| ___ dealing with my family hassles | ___ sorting out my problems |
| ___ settling down at school or work | ___ letting others know me |
| ___ developing my self-confidence | ___ developing my spiritual life |
| ___ dealing with my relationships at school / on the job | |

2. I still have a long way to go in *(rank top three)*:

- | | |
|----------------------------------|---------------------------------|
| ___ working on my temper | ___ cleaning up my thought life |
| ___ risking deeper relationships | ___ my spiritual consistency |
| ___ my quality of work | ___ my self-confidence |

3. If I am going to go any further, I will need a little more *(check one)*:

- | | |
|---|--|
| <input type="checkbox"/> guts | <input type="checkbox"/> group support |
| <input type="checkbox"/> spiritual commitment | <input type="checkbox"/> help from God |
| <input type="checkbox"/> determination | <input type="checkbox"/> time alone |
| <input type="checkbox"/> self-confidence | |